Helmets keep your brain safe!

Your helmet should fit level on your head and cover your forehead.

Straps must lie flat and not be loose.

The chin strap should fit snugly. You should have one finger width between chin and chin strap.

Helmet should not be damaged or have paint or numerous/multiple stickers on it.

Bicycle Safety Tips

✓ Wear a Helmet
✓ Wear Light Colored Clothes
✓ Know Hand Signals
✓ Obey Traffic Laws
✓ Watch for Road Hazards
✓ Avoid Riding at Night

Always look Both Ways Before Crossing the Street!
Introducing our Newest Helmet Hero

You are a Helmet Hero!

You are a Helmet Hero because you know that a helmet can protect you from a head injury. A helmet keeps your brain safe. You let others know that they should wear a helmet.

Where does the gear go?
Draw a line from the gear to the where it goes on the child.

Learn Your Hand Signals!

Find the Words

RED
GREEN
YELLOW
STOP
HELMET
HERO
BIKE
GO
BICYCLE SAFETY

You can wear a helmet while doing many things!

Wear your helmet while riding your

or

or

Or when wearing your

Or during a

Draw a picture of yourself.

RED
GREEN
YELLOW
STOP
HELMET
HERO
BIKE
GO
BICYCLE SAFETY