You can wear your helmet while doing many things!

Helmets keep your brain safe!

Helmets should fit correctly.

Your helmet should fit level on your head and cover your forehead.

Straps must lie flat and not be loose.

The chin strap should fit snugly. You should have one finger width between chin and chin strap.

Helmet should not be damaged or have paint or numerous/multiple stickers on it.

Bicycle Safety Word Search

Unscramble the Letters

CEI AKTSE
RLELOR DLAED
TKESA AQDRB
OTOCRES

Bicycle Safety Tips

✔ Wear a Helmet
✔ Wear Light Colored Clothes
✔ Know Hand Signals
✔ Obey Traffic Laws
✔ Watch for Road Hazards
✔ Avoid Riding at Night

Always look Both Ways
Before Crossing the Street!

Brought to you by:

WWW.THEHELMETPEOPLE.COM
You are a Helmet Hero!

**Bike Safety Quiz**

1. What should you always wear on your head when riding your bike?
2. What type of clothes should you wear when riding your bike?
3. If you ride at night, what equipment does your bike need?
4. Do bikes follow traffic laws?
5. What do you check before riding your bike?

**What do the signs say?**

A. No Bicycles  
B. Stop  
C. Keep Right  
D. No Left Turn  
E. Yield  
F. One Way  
G. Bicycle Route  
H. Do Not Enter

**What can you say with Bicycle?**

B ____________  
I ____________  
C ____________  
Y ____________  
C ____________  
L ____________  
E ____________

**Help the Child Find the Bicycle**

**Learn Your Hand Signals!**