

Positive Projects

Step #1 Benefits of Positive Projects

Some of the most important benefits of Positive Projects:

- Gives you a way to help others
- Helps improve your community
- Can be a way to recruit new members
- Often results in personal growth

Step #2 Fuel your Project with Positive Energy

Advertise & Publicize
Newspaper & Social Media

Step #3 Make Positive Choices-Choose what works for your club

Concussion Workshop
Bingo at Local Nursing Home
Fleece Scarves for the Homeless
Sponsor an Alzheimer's Support Group
Provide small birthday gifts for local nursing home residents
Support Special Needs classes at local schools

Step #4 Treat Everyone with Positive Power

Teamwork
Inspired by Vision
Fueled by Enthusiasm
Powered by Purpose
Driven to Succeed

Step #5 Enjoy your Positive Project

Think Positive

In order to provide a positive project that meets your club's interests, some considerations to keep in mind are:

- **Who would you like to help?**
 - Is there a specific group of people or cause you are passionate about?
Look for projects that relate to your Club's passion and interests. You may also just want to perform community service projects that allows your Club to do hobbies, like baking, and that's fine too.

- **Does your Club want a community service project that is reoccurring or a one-time project?**
 - Perhaps you don't have enough time to regularly devote to a reoccurring project but can help with special community events.
- **What kind of impact do you want to have?**
 - Some people prefer to participate in community service projects that have a **quantifiable impact**, for example, projects where you know the specific number of kids you tutored, or cans of food you collected. This contrasts with projects that don't have such clear numbers, such as creating a garden or serving as a volunteer.

General Community Project Ideas

- Organize a community blood drive
- Send cards to soldiers serving overseas
- Read books or letters to a person who is visually impaired
- Organize a wheelchair basketball team
- Participate in a charity race
- Contact a tree farm about donating Christmas trees to nursing homes, hospitals, or to families who can't afford to buy their own
- Help deliver meals and gifts to patients at a local hospital

Helping Children and Schools

- Tutor children during or after school
- Donate stuffed animals to children in hospitals
- Organize games and projects for children in hospitals or who are visiting hospitalized relatives
- Knit or crochet baby blankets to be donated to hospitals or homeless shelters
- Organize a Special Olympics event for children and teenagers

- Sponsor a bike-a-thon and give away bike safety gear, like helmets and knee pads, as prizes
- Collect used sports equipment to donate to families and after-school programs
- Donate used children's books to a school library

Helping Senior Citizens

- Read to residents at a nursing home
- Deliver groceries and meals to elderly neighbors
- Teach computer skills to the elderly
- Drive seniors to doctor appointments
- Mow an elderly neighbor's lawn
- Host a bingo night for nursing home residents
- Host a holiday meal for senior citizens
- Make birthday cards for the elderly
- Donate and decorate a Christmas tree at a nursing home
- Deliver cookies to a homebound senior citizen

Promoting Community Enhancement

- Paint park benches
- Donate used books to your local library
- Become a tour guide at your local museum
- Plant flowers in bare public areas

Next Steps

Now that you know what your options are for community service projects, you can take the following steps to start getting involved:

- **1. Look over the interests:** Which projects seem most appealing? Were they mostly in one category, like children or the environment? If so, that's a good starting place for choosing specific organizations.
- **2. Figure out how much time Club members can devote to community service project:** Two hours every week? Regular basis but can volunteer for an entire weekend now and then?
- **3. Do some research to see what projects are available in your community:** Check at schools, places of worship, or town hall for more information on community service projects. You can also contact an animal shelter or nursing home and ask if they take volunteers.
- **4. Start volunteering!** This list ranges from small projects that can be completed in a few hours, to much larger projects that will take more time and people. If you want to do a project where you'll need more resources or people, check around your community to see if a similar program already exists that your Club can join. Many organizations welcome new volunteers and community service projects.

Steps for Positive Projects

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- Step #2 Fuel your Project with Positive Energy
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- Step #4 Treat Everyone with Positive Power
- Step #5 Enjoy your Positive Project

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