

Winter 2009

# Pilot Log

[www.pilotinternational.org](http://www.pilotinternational.org)



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**Brain Power Walk  
San Diego for 2009  
PIF Annual Report  
PEP Ratings**

Every day is an Arctic summer day where polar bears are right at home at the San Diego Zoo's Polar Bear Plunge — see page 8.

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The mission of Pilot International is to improve the quality of life in communities throughout the world. *The Pilot Log* is the official publication of Pilot International.

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Pilot International and The Foundation affirm the policy of participation in all programs and employment without regard to race, religion, creed, color, gender, age, national origin, or disability. The Boards of Directors and Trustees are committed to this policy of non-discrimination and urge each Pilot Club to uphold the code of ethics, purpose and mission of Pilot International by reflecting the common cause of friendship and service in all activities, including the consideration of prospective members, in a nondiscriminatory manner.

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## Fabulous Reasons to Celebrate

■ Heritage Garden and Brain Power Walk are outstanding

**O**n a balmy October afternoon I had a moment to myself to relax on the terrace overlooking the Heritage Garden at PI Headquarters. Taking a break from meetings and training (see page 12), I felt refreshed as I contemplated the newly planted trees and shrubbery swaying in the light breezes, and listened to the water cascading down the stately fountain. I took the opportunity to stroll around, and I found the experience breathtaking. Our glorious garden met all my expectations; it is a dream come true.

The garden gives us a fabulous reason to celebrate, and as you see on the back cover of this issue, you are cordially invited to join us on January 31 at 2:00 PM at headquarters in Macon. Plans include a formal dedication with the installation of our time capsule in the garden, to be followed by tea and cookies served by Georgia District Pilots. It will be a festive occasion so wear your best garden tea party outfits.

If you haven't already, I urge you to subscribe to Constant Contact, Pilot's e-mail service that is bringing vital information and news to Pilots in every corner of the world as it happens. Seldom has this kind of innovation in the way we conduct the business of Pilot been so easy and inexpensive, so popular, and so effective.

Speaking of successful new programs, our 1<sup>st</sup> annual Brain Power Walk on October 4 was an outstanding success. By Monday morning, October 6, reports and photographs were pouring in at headquarters—you can see a selection of those on page 4, along with some information to help you plan for March, BrainMinders Month as well as Membership Month.

Look for a form in the next club mailing (also by Constant Contact) that you can use to report on your club's Brain Power Walk—to compete for the best, most creative club solutions. The most outstanding examples will be selected for recognition and presentation at the San Diego convention. With some great examples of what worked this year, we're hoping to make the 2<sup>nd</sup> annual Brain Power Walk an even greater success!

On page 17, you'll find the 2007-2008 Pilot International Foundation Annual Report. We were thrilled to have met and exceeded the Grants and Scholarship Fund Goal this past year and we certainly expect to do so again this year. With the holiday season approaching, remember gift ideas such as a gift membership for a friend, or a tax-deductible gift to the Foundation to honor someone special. Your donations before January 1 in order to take your deduction this upcoming tax season—it's easier than ever to donate online.

Please join me in giving thanks for the many Pilots who make every day brighter for someone, somewhere in the world. In friendship and service... with gratitude and praise, for all who make us thankful, I thank you for being a Pilot and all you do for Pilot!



Debbie Archer  
2008-09 PI President

# BrainMinders

Pilots and BrainMinder Buddies alike walked the walk and talked the talk during Pilot International Brain Power Walk around the world. On Saturday, October 4 Pilots from the Bahamas to Japan and points in between celebrated the first of its kind Pilot International Brain Power Walk.



BAHAMAS DISTRICT



In the **Bahamas District**, Pilots were up before dawn donning tee-shirts made especially for the occasion. Their walk was videotaped and posted on YouTube — enter <http://www.youtube.com/watch?v=2Y6hE4Id12c> in your web browser. The fun and enthusiasm they show on the video demonstrates their dedication and pride.

The **Japan District Pilot Clubs** were the original inspiration for an annual, all-clubs-participating walk. This has been an annual event in the Japan District for several years. The Japan District also made headlines with their well planned Annual Walk in Hamamachi Park. You may be able to grasp some information from the article (Japanese!) and photos from this site. <http://kissashitsu.seesaa.net/article/107679204.html>.



JAPAN DISTRICT

Satoku Hata wrote, "Representatives from seven clubs got together several times to discuss and prepare for the Pilot Walk—we all enjoyed these



JAPAN DISTRICT

preparation meetings, exchanging information and socialize. So this gave us a great chance to become friends and we decided to name our group "Friendly Tokyo." Anchors helped us too. We had several opportunities to explain Pilot to the neighbors and people who were involved which helped me understand the essence of public relations."



ROANOKE

Karene Henson wrote...

"The **Pilot Club of Roanoke** held the Pilot Brain Power Walk on Oct. 4 from 9-11 AM at a local gym owned by our Pilot Diane Parmer. Six of our members and other visitors to the gym walked on the treadmill running up a total of 4 miles (We are "older" Pilots). We set up a table with information about various brain disorders, our BrainMinders program and coloring sheets featuring our Buddies. Our local NAMI organization provided literature relating to mental illnesses, and we also distributed a Pilot Club of Roanoke brochure. Another table and display was set up in front of the local Wal-Mart during this same time. Members of the Handley High Anchor Club assisted at this area by placing flyers throughout the parking lot and talking with young and old shoppers about "Protecting your Brain for life" with the help of our BrainMinder Buddies puppets. The newspaper gave us two weeks of publicity prior to our event.

# Take A Walk



DARLINGTON

The **Pilot Club of Darlington** and their BrainMinder Buddies piggybacked their Brain Power Walk on the previously scheduled Pee Dee Arthritis Walk at the McLeod Fitness Center in Florence, South Carolina. The Pilot Club of Darlington walked around the outdoor venue and presented the BrainMinders program to raise public awareness of brain safety and their club. They were also there to support one of

the Arthritis Walk's honorees, Anchor Darius McPhail, who battles the disease.

Linda Gilcrease wrote: "The **Pilot Club of Nacogdoches** did participate in the BrainMinders Walk on Saturday. And... they have the picture to prove it!

Helen Winstead said, "This was a great day as Pilots



NACOGDOCHES

promoted Pilot International throughout the day and answered many questions and distributed lots of information. The **Chatham County Pilot Club** looks forward to the 2<sup>nd</sup>



CHATTHAM COUNTY

Annual Pilot International Brain Power Walk next year on the 1<sup>st</sup> Saturday of October when Savannah celebrates Octoberfest on the waterfront with thousands of people in attendance on the River Walk."

Gail Sharber wrote: "The **Pilot Club of Bainbridge, Georgia** participated in the Pilot Brain Power Walk on October 4. Our event was held at the Chamber of Commerce picnic area on the beautiful Flint River. A family picnic was planned along with the walk. The Pilots pulled together as

a team to decorate, name, and make paper planes, then held a contest to fly the planes. The Brain Minder Buddies (with several grandchildren) then led the Pilot Walk to the Chamber of Commerce building. After the walk the Brain Minder Buddies (in partial costume) performed the safety skit for all in attendance."



BAINBRIDGE



PANAMA CITY

The **Pilot Club of Panama City** manned a tent on October 4, during their city's Oktoberfest. The put up a display that informed the public about their various service projects, and of course, they talked Pilot to all who came by. They held a raffle of gift cards, and raised \$1,100. They also took a walk in their bright new Pilot tee-shirts around the blocked off street.

J. Gaider wrote about many activities the **Pilot Club of Pratt, Kansas** did to celebrate the Brain Awareness Walk on October 4. One of the highlights... "To promote our Pilot Club in our community about twenty members, family and friends walked around Lemon Park in Pratt."



PRATT



CHESAPEAKE & LUNCHEON CHESAPEAKE

Lorette Horsboll emailed, "Today the **Luncheon Pilot Club of Chesapeake**, **Pilot Club of Chesapeake** and **Great Bridge Christian Academy Anchor Club** participated in the first Pilot Brain Power Walk. We did not have a true "walk" since we were mostly in one spot from 9:00 AM to 2:00 PM, but some

of the members did walk all around and pass out information. The rest of us were at our booth telling the children and parents about our BrainMinder Buddies, measuring heads for helmets, giving out BrainMinder coloring books and crayons, and sharing information about Pilot. We gave away approximately 250 packets of information and 69 helmets and developed some interest in Pilot. Everyone was extended an invitation to join a local club and we hope to hear from some of them."



HARRISONBURG

When the date for the Pilot Brain Power Walk was announced, the **Pilot Club of Harrisonburg, Virginia** saw it was the same day as the Annual Dayton Autumn Celebration, a huge local craft fair in Rockingham County. They decided if Dayton is where all the people would be on that day, they would take the walk to them. They obtained permission to walk in Dayton, no easy feat because the entire town is turned into a pedestrian mall to handle the thousands of people who come every year. They distributed brain information as they walked. One Pilot's son, a local insurance agent, donated door-hanger bags with bicycle safety brochures. They added assorted other brochures from Brain Awareness Week, and a fact sheet about their club.

The **Kansas-Missouri Fall Council** was held on October 3-5 at the Courtyard by Marriott. The Fall Council activities began the evening before the morning walk in downtown Columbia to experience the city's widely acclaimed "Roots 'N Blues 'N Barbeque" festival. Next morning attend-



KANSAS-MISSOURI

ees all donned their KS-MO Brain Power Walk tee-shirts and headed off on the 1<sup>st</sup> annual International Brain Power Walk. Of course, after the previous evening's festivities, the walk was probably "too-early-thirty," so the smiles on the Pilot members' faces belied the fact that most of them could have used a few more winks of sleep.



OCALA

Mary Purdy writes, "**Ocala Pilots** along with two of our five Anchor Clubs walked in, and raised money for the Alzheimer's Association on October 4. We carried our BrainMinders banner and talked with other participants and vendors about the BrainMinders program."

The **Valley Forge Pilot Club** joined the other clubs around the world with a walk in Reeves Park in Phoenixville. They used the occasion to highlight their service projects that focus on brain-related disorders, and on the BrainMinders programs for schoolchildren.



VALLEY FORGE

# BrainMinders™ Month and the Brain Awareness Week Campaign

**M**arch is the magic month for BrainMinders, Membership Month and Brain Awareness week. First, the following message from Dana Alliance: “The Dana Alliance created Brain Awareness Week in 1996 to focus worldwide attention on the benefits and progress of brain research. Held in March, Brain Awareness Week unites the efforts of universities, hospitals, patient advocacy groups, government agencies, service organizations, professional groups, and K-12 schools around the world in an annual celebration of the brain. Now entering its thirteenth year, the Brain Awareness Week campaign includes more than 2,100 partners in 75 countries and benefits from the participation of key stakeholders such as the Society for Neuroscience and Pilot International, whose broad reach and chapter base have helped expand this grassroots effort into a truly global initiative.

During Brain Awareness Week, campaign partners, as diverse as they are, share one thing in common: the desire to convey the wonders of the brain and nervous system and the far-reaching influences and outcomes of neuroscience research to the public through exciting and innovative events. These include open houses at



neuroscience laboratories, museum exhibits on the brain, lectures on an array of brain-related topics, and classroom workshops where students get a close-up view of real brain specimens. The Dana Alliance also coordinates its own events in celebration of Brain Awareness Week.



The Alliance participates in the International Brain Bee, an academic competition that tests the neuroscience knowledge of high school students, by organizing regional Brain Bees in New York City and Washington, DC.” The Dana text is also posted on their website and more information may be found there about Brain Awareness week.

BrainMinders Month gives you a great opportunity to create higher visibility for your club in your hometown. Start planning now. Are there special events during this time that might be open for participation from your club? Do you have a nearby shopping center, library, or local museum in which you could put up a display or make a presentation? Many Pilot Clubs use this time as a good excuse to reconnect with schools, previous sponsors or donors and to create new events such as a safety fair, bicycle or seat booster and/or seat belt clinic. You may want to consider checking out the International Brain Bee at <http://web.sfn.org/baw/bee.cfm>.

Membership month is a natural because you have an excellent opportunity to involve someone in an activity that does make a difference in lives. The reward of working with children and adults adds a valuable richness to the lives of those who do the work. The added benefits and value of Pilot friendship and service and the chance to learn new skills or to mentor others are priceless. Please make plans to share the gift of Pilot Membership with someone who will treasure it.

## California Dreamin'

The site of the 2009 Pilot International/Pilot International Foundation annual convention was chosen for its spectacular scenery, popular attractions and rich history and culture. On July 7 we will meet at the Sheraton San Diego Hotel & Marina to celebrate all things Pilot, and while there, hopefully find time to sample the myriad delights



California's second largest city has to offer. The Sheraton enjoys a prime waterfront location on lovely San Diego Bay not far from the airport, with many of the area's most popular attractions within a short drive.

San Diego in July is sunny and mild—the average temperature for the month is around 70°F (approximately 21°C)—but the unique topography of the land means there can be great variation of temperature within short distances. It is possible to experience mountains, desert and the coast all in the same day. These features mean San Diego offers excellent opportunities for outdoor recreation: surfing, boating, sailing and swimming on about seventy miles of beach and coastline; hiking, camping, and fishing in the area's state parks; and golf on over ninety courses.

Popular family attractions include the world-famous San Diego Zoo and Wild Animal Park, Sea World San Diego and

LEGOLAND California. From sprawling discount outlet centers to quaint upscale boutiques, San Diego's shopping venues are as varied as its weather is ideal. There are plenty of choices when it comes to restaurants too. The area's fresh produce shapes San Diego's cuisine. Savor this impeccable freshness dining aboard a yacht, sitting seaside at one of many outdoor cafes and restaurants, or sipping wine at sunset. The city is also home to Vegas-style gaming—its eight state-of-the-art casinos have everything a true gamer could want.

Tijuana, Mexico is just minutes from downtown San Diego, offering a truly international experience. Just hop across the border and enter a country so rich in culture you can taste it. Famous Revolution Avenue (or Avenida Revolucion as it is called by locals) offers the best shopping in North America for Mexican arts and crafts, silver and leather, jewelry, and curios, as well as significant savings on upscale imports. Take a walking tour for a glimpse into the real Mexico—both culturally and historically—without wandering too far from the beaten path.

San Diego is a charming city with a nearly perfect climate and access to world-class amenities. From shopping and dining to theme parks and recreational facilities, it has something for everyone—in fact, the challenge will be finding the time to fit in all you'll want to see and do.

Transportation around town will be easier than usual this year—Pilot International is making arrangements with Old Town Trolley so Pilots can purchase tickets at a special price. Old Town Trolley Tours offers “transportainment,” a combination of entertainment and transportation on a two-hour continuous loop tour of the city. The fully narrated sightseeing tours of San Diego run from 9:00 AM to 5:00 PM, and give riders the opportunity to disembark for attractions, shopping and dining. The trolley makes several stops so you can take it from the hotel to enjoy:

- **Old Town**

The perfect place to start the tour is where it all started for



San Diego. The Old Town State Historical Park maintains a collection of 19<sup>th</sup> century homes and businesses that give visitors a glimpse into colonial life in San Diego.



- **The USS Midway**

Explore a real aircraft carrier— imagine living the life of sailors at sea aboard America’s longest-serving aircraft carrier! Self-guided audio tours feature more than sixty exhibits and restored aircraft aboard the most-visited floating

naval ship museum in the world. The Midway features story-telling Midway veterans and docents, thrilling flight simulators, historical videos, a cafe, gift shop and plenty of activities for the whole family.



- **Seaport Village**

Even before browsing any of the fifty-four specialty merchants or perusing the menus of the seventeen restaurants, you’ll sense a difference at Seaport Village. Four miles of tree-lined paths. Quaint maritime buildings. Fourteen acres of coastal

paradise. Sweeping panoramas of San Diego’s Big Bay. All of it made even better by that everyday San Diego sun. Whether shopping, dining or just strolling, Seaport Village provides it all. Everything. Under the sun.

- **Horton Plaza**

San Diego’s most unique and must-see shopping destination, with six hip city blocks and a festive European atmosphere, this historic open-air shopping attraction embraces visitors in a kaleidoscope blend of striking colors and styles. This architectural wonder features over 140 specialty shops, including Nordstrom, Macy’s, Louis Vuitton, Coach, Banana Republic, and Ann Taylor. Complemented by fourteen movie screens and live performance theatres and dozens of restaurants with international flair, experience the ultimate urban shopping adventure at Westfield Horton Plaza.



- **Gaslamp Quarter**

The historic Gaslamp Quarter consists of 16½-blocks around Fourth and Fifth Avenues showcasing grand Victorian-era buildings. It’s home to more than a hundred of the city’s finest restaurants, thirty-five pubs and nightclubs and a hundred retail shops, as well as theaters, art galleries, offices and residential/work lofts.



- **Coronado**

Crossing the Coronado Bay Bridge on the way to Coronado Island offers a spectacular bird’s eye view of San Diego Bay. Not truly an island, Coronado is the headland of the peninsular sand spit that guards San Diego’s fine natural harbor. Of paramount interest to visitors are Coronado’s excellent ocean beaches, bayside parks, and the palatial Hotel del Coronado. Built in 1888 and designated a National Historic Landmark in 1977, the Del has played host to celebrities, presidents and dignitaries from around the world.



- **San Diego Zoo**

No visit to San Diego would be complete without a visit to the world-famous San Diego Zoo. The zoo and its sister property, the Wild Animal Park in Escondido, are open daily. Catch the main highlights at the zoo in an hour-long guided bus tour, or pass an

entire day wandering through the organically-designed exhibits. Kids will enjoy the Children’s Zoo where the nursery often boasts a newborn gnu, a litter of leopards or other cuddly animal babies.

- **Balboa Park**

Spend the day at lush 1,200-acre Balboa Park, one of the nation’s largest cultural complexes and home to the largest concentration of museums west of the Mississippi. Browse the spectacular array of fine art, science and natural history, aerospace, photography, model railroads, automobiles and performing arts. Plan a picnic near one of the Park’s many botanical gardens or arboretums.

# PILOT INTERNATIONAL/PILOT INTERNATIONAL FOUNDATION CONVENTION REGISTRATION FORM

## Sheraton San Diego Hotel & Marina, San Diego, CA July 7 – 10, 2009

Send *completed registration form for each person registering to:* P. O. Box 4844, Macon, GA 31208, FAX 478-477-6978 or, you may register through the "Convention" section of the Pilot International Web site. Checks payable to Pilot International or Credit Card information must accompany registration. Hotel reservations may be made online on Pilot International's Web site - [www.pilotinternational.org](http://www.pilotinternational.org). You may also call the Sheraton Hotel - 1-800-325-3535 directly.

**Indicate type of Registration:**

Delegate  Co-Pilot (Spouse)  Non-Pilot  Anchor (Student)   
 Other Pilot   
**Early Bird Registration Fee:**  
**\$240.00** (includes 2 Banquets & 1 District Breakfast or Luncheon) (After June 1 - \$360.00)  
**Early Bird Registration Fee:**  
**\$175.00** (includes 1 Breakfast & 2 Banquets) (After June 1 - \$262.50)

**Use separate form for each registration**

**Early Bird Registration Fee:**  
**\$180.00** (includes 2 Banquets) (After June 1 - \$270.00 )  
**Anchor T-Shirt Size** \_\_\_\_\_  
**Early Bird Registration Fee:**  
**\$140.00** (includes 2 Banquets ) (After June 1 - \$210.00)

***If you choose to obtain lodging at a hotel other than the convention hotel, please add \$25.00 to each registration fee. Our complimentary meeting space is based on number of Pilot rooms sold at convention hotels. Registration fee, less 25% handling charge, will be refunded if written cancellation is received by June 1. CHECK APPROPRIATE 2009-2010 OFFICE:***

(First Name) \_\_\_\_\_ (Last Name) \_\_\_\_\_ (Nickname for Badge) \_\_\_\_\_  
 Mailing Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Postal Code \_\_\_\_\_ Daytime Phone No. \_\_\_\_\_  
 Fax No. \_\_\_\_\_ E-Mail \_\_\_\_\_  
 First PI Convention? Yes  No   
 Indicate age: Up to 29  30-39  40-49  50-59  Over 60   
 Anchor/Pilot Club of \_\_\_\_\_ District \_\_\_\_\_  
 If Anchor, Co-Pilot, Non-Pilot, name of Pilot attending convention \_\_\_\_\_

Do you need special assistance? \_\_\_\_\_  
 Your profession, occupation or position \_\_\_\_\_  
 Emergency contact name & phone number \_\_\_\_\_

Arrival date: July 5  July 6  July 7

**COMPLETE IF PAYING BY CREDIT CARD:**  Visa  MasterCard  American Express (Discover Card not accepted)

Account# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Expiration Date \_\_\_\_\_  
 Name on Card \_\_\_\_\_ Approval Code \_\_\_\_\_

Office Use Only: Registration No. \_\_\_\_\_ Ck # \_\_\_\_\_ Amt. \_\_\_\_\_ Club \_\_\_\_\_ Dist. \_\_\_\_\_ Personal \_\_\_\_\_ Mbr# \_\_\_\_\_

Circle the following committee on which you wish to serve

Serves Prior To Convention Only

Banquet Ticket Reservations

Registration

Serves Prior To And During Convention

Ambassador

Catalog Sales

Foundation

Information

President Elect's Pictures

Silent Auction

Serves During Convention Only

Doorkeepers

Election

Floor Tellers

Host-Program Participants & Special Guests

Navigators

Pictures

Room Arrangements

# October EC Meeting

■ Meeting participants share their thoughts

“Beginning with the special arrangements for our training with Vicki Clark, our ECR orientation, and the leadership team; we ended with a great weekend. Our team is a dedicated group who is enthused about this year and will work hard to take the organization to the next level. Of course, we are grateful for the hardworking team at headquarters who always go beyond the call of duty to ensure that Pilots everywhere are taken care of. We worked hard, but we did have some fun time, thanks to all!”

*Debbie Archer, PI President*

“This is the most beautiful thing I’ve seen since last February when we first looked at Pilot Headquarters and Heritage Center. I think the Heritage Garden was a real highlight for all of us, and we can’t wait to share it with the entire Pilot world. I am also excited about having an outside trainer come in and give us direction while validating that we are truly working for our members and to fulfill our mission, ‘to improve the quality of life in communities throughout the world.’ This is an exciting time in which to be living, and for Pilot it is a great time to see the visions and dreams of our Founders being realized every day by everyday Pilots.”

*Pat Jarvis, PI President Elect*



“Vickie Clark started our meetings with the question, ‘What is the mission of Pilot and what does it mean to you?’ This seemed like an easy question, but to define what is in your heart for Pilot is not easy to put into words. It was an honor to be part of the teamwork, inspiration, and motivation evident all weekend, and I believe that each of us is more focused and dedicated to the mission of Pilot than ever before.”

*Kay Chandler, PI Director*

“I am thrilled! We were so lucky to have Vicki Clark here to provide us with inspiration and focus. Our leadership team worked so hard and took their fiduciary responsibilities very seriously. This was a very productive meeting.”

*Peggy Davidson, PI Executive Director*

“The EC meetings were energizing! As we focused on the mission of Pilot International, the leadership team worked collaboratively on ways to strengthen and improve our organization. I can’t wait for everyone to see the Heritage Garden. It is more beautiful than I ever imagined!”

*Judy Langley, EC Director*

“The Executive Committee meeting was a wonderful time when we could discuss the challenges for our organization. The Executive Committee along with our facilitator, Vicki Clark, looked at the different aspects to make our organization stronger.”

*Beverly Wilkes, PI 2<sup>nd</sup> Vice President*

“I am so proud to be part a team that is committed to taking the necessary steps to keep Pilot strong and vibrant.”

*Susan Hoffmann, PI 1<sup>st</sup> Vice President*

“I thought Vicki Clark was an inspirational vitamin for the EC and ultimately for Pilot International around the world. That she gave each of us something to use in our daily lives was just a bit of added serendipity.”

*Ann Lovingood, PI Director*



“I don’t think there is anything that we aren’t studying to be ready for our strategic planning in January. It feels good!”

*Mary Sue Stages, PI Treasurer*

“My first Executive Committee meeting was a marathon from the beginning to the end that demonstrated total teamwork and positive efforts to make Pilot International the best volunteer service organization in the world! As a new EC member, I look forward to more days working together with the leadership team to fulfill the mission of Pilot International which is... ‘to improve the quality of life in communities throughout the world.’”

*Helen Winstead, PI Director*

## Getting Organized!

■ New clubs are expected in California, Georgia and Maine

New clubs are in the works in California, Georgia and Maine. The new Pilot Club of Chula Vista, in the San Diego area, is set to be chartered in April, and there is interest in creating another club in downtown San Diego. We also expect a new club will be chartered in Augusta, Georgia by the end of January. Past PI President Sharon Slusher is excited at the prospect of organizing a club in Arlington, Maine soon—she and several other members-at-large are already meeting informally to get the ball rolling.

If you or someone you know is interested in organizing a new Pilot Club, please contact PI Executive Director Peggy Davidson—e-mail [peggy@piloqh.org](mailto:peggy@piloqh.org), or call (478)477-1208, ext. 116.

## Pilot International Membership Report

### End of Pilot Year & Current

	as of June 30, 2008	as of Aug. 31, 2008	as of Nov. 30, 2008
Membership*	11,218	10,599	10,704
Clubs	443	439	439
Districts	20	20	20

(\*Includes members-at-large, emeritus, fifty-year, privileged, and active members)

## IN THE NEWS

Lillian Cox, member of the Pilot Club of Tallahassee (Florida), was recognized in the Northeast Chronicle (a community supplement to the Tallahassee Democrat) for her community service, including fifty years as a Pilot.

Sylvia Grubbs Stewart, Pilot Club of Laurinburg (North Carolina) has received the Dunbar-McCoy Quality of Life Award presented by the Laurinburg Scotland County Chamber of Commerce. She, along with her husband Kemp, was recognized for outstanding service that they have given to their church, community and civic organizations through the years. In addition to her Pilot activities, Sylvia also serves as organist/director of music ministries at First Baptist Laurinburg, and is the president of the Givens Performing Arts Center board of directors at UNC-Penbroke.

Abby Lamb Matthews, Pilot Club of Cleveland (Tennessee) was named a Teacher of the Year in the Cleveland City School System. She serves as the sponsor of the Cleveland High School Anchor Club, where she was a member when she was a student, as well as Tennessee District Anchor Coordinator. She was also chosen to participate in an Asian Teaching Study Tour, and spent one week in

China and one week in Japan in October.



**Abby Lamb Matthews**    **Marian Dunville**

Senior Companion Marian Dunville of the Pilot Club of Owensboro (Kentucky) received the highest award for Outstanding Volunteer Service in the "National Service-Individual" category of the Senior Companion Program. Sponsored by the Kentucky Commission on Community Volunteerism and Service, the awards are presented annually to those who serve their communities without any expectations of compensation.

Betty Moore, Pilot Club of Raleigh (North Carolina), has been honored as a Wake County 2008 Volunteer of the Year for her role as coordinator for Project Lifesaver in the community.

Robin Porta, Pilot Club of Titusville (Florida), recently received an award recognizing her volunteerism from the Brevard County School Board. She was recognized for her time (about 175 hours this past year) and dedication to the Anchors.

# In Good Conscience or Not...

## ■ Dealing with a Personality Disorder that Undermines Pilot Clubs

*The world is a dangerous place to live, not because of the people who are evil, but because of the people who cannot do anything about it.*

Albert Einstein

“I had to quit (or our club had to disband) because we had a member who was making our life miserable.” This is not an uncommon complaint in many social organizations. Service and social clubs are a prime target for people on the prowl... looking for people to manipulate. Unfortunately, it is a common complaint – on average PI loses over one hundred members per year due to “personalities.”

Manipulators with personality disorders can be poison to the whole organization. It begins with undermining individuals and escalates to wholesale lies devaluing valuable members, making them feel they have done something wrong and actually should quit your club. In some instances, whole clubs have just thrown in the towel because it is simply too much to deal with.

According to *Mental Health Statistical Sourcebook*, “one in 25 people are sociopaths – not necessarily violent criminals”... so 4% of the total population lives guilt-free. When the human mind lacks a conscience, life becomes a contest, and human beings just game pieces to be moved about, used or discarded. Controlling others, making them jump... winning is the most compelling motivation for a skilled manipulator.

If 4% have none, then 96% of the world operates with a conscience – and Pilots, most especially, are known to be conscientious. Conscience is a sense of obligation, ultimately based in an emotional bond to someone or something, be it a person (or other living creature), a group, or all of humanity. This connection, closely associated with the spectrum of emotions we call love, is what gives true conscience its resilience and its astonishing authority over those who have it. It is inconceivable, for most of us, to imagine that anyone could act deceptively without the slightest pang of conscience.

So how to spot the 4%? Quite amazingly, a sociopath can often be the most charming person in a crowd. The closest indication you will ever see is a combination of conspicuously bad

behavior with frequent plays for pity and an ability to turn on crocodile tears at will. These individuals justify every action and freely lie for an advantage over those they believe to be less intelligent or deserving people – that is, everyone else.

### **12 rules for dealing with skilled manipulators and sociopaths**

1. We must accept that some people literally have no conscience. They don't look evil or mean; most often they look like us.
2. Let your instincts guide you. You are a constant observer of human behavior, and your best self understands without being told that impressive, moral sounding labels do not in any way bestow conscience on anyone who did not have it to begin with.
3. When considering a new relationship of any kind make the rule of threes your personal policy. One lie, one broken promise or a single neglected responsibility may be a misunderstanding; two, a serious mistake. But three lies say you're dealing with a liar – cut your losses.
4. Question authority. Trust your instincts concerning people who enjoy dominating others, violence, gossip or any scheme that bothers your conscious. Encourage others to question authority too. Social support empowers people to question more.
5. If necessary, redefine your concept of respect. Too often, we mistake fear for respect, and the more fearful we are of someone, the more we view him or her as deserving of our respect. It is crucial for groups to resolve to keep respect separate from fear.
6. Do not join the game. Intrigue is a sociopath's tool. Resist the temptation to compete with a seductive manipulator; to outsmart, psychoanalyze or even banter... it is more important to protect yourself.
7. The best way to protect yourself from sociopaths is to avoid them, to refuse any kind of contact or communication. They live completely outside of the social contract, and to include them in relationships or

other social arrangements is perilous. If total avoidance is impossible, make plans to come as close as you can to that goal.

8. Question your tendency to pity too easily. Pity is a socially valuable response and should be reserved for innocent people in genuine pain. If you find yourself often pitying someone who consistently hurts you or others, and who actively campaigns for your sympathy, chances are you are dealing with a sociopath.
9. Do not try to redeem the unredeemable. Second, third, and fourth chances are for people who possess a conscience. If you're dealing with a person without one, swallow hard and cut your losses. This person's past

way to say sit down and shut up. Next, the chair can then direct an official action against the member by naming them and saying something like, "Mr. Iddit, the chair has repeatedly asked you to refrain from (unseemly behavior) and yet you persist in refusing to obey the orders of the chair and continue to conduct yourself in a manner unacceptable to this chair and this meeting."

The assembly also has the right to eject a member or non-member if he or she is a sufficient annoyance to the peaceful conduct of business. The hard truth is that if Mr. Iddit can't behave in a meeting, the club doesn't have to allow him to continue his membership. If Mr. Iddit does not apologize after several reprimands, the chair asks, "Sir, do you wish to make a statement to the membership before I place the question on

*To create a better world, we need to understand the nature of people who routinely act against the common good, and who do so free of any guilt or sense of responsibility. Only by seeking to discover the nature of ruthlessness can we find the many ways people can triumph over it, and only by recognizing dark can we make a genuine affirmation of the light.*

*The Sociopath Next Door* by Martha Stout, Ph.D.

behavior is not your fault, not in any way whatsoever, nor your mission.

10. Never agree, out of pity or for any other reason, to help a manipulator conceal his or her true character. "Please don't tell," often spoken tearfully, is a trademark plea of thieves, child abusers, and sociopaths. Also ignore the one who says, "You are just like me." You are not.
11. Defend your psyche. Do not allow someone without conscience or even a string of such people to convince you that humanity is failure. Most human beings do possess conscience and can feel love.
12. Living well is the best revenge.

How do Pilot Clubs successfully deal with personality disorders? In many cases, a handy copy of *Robert's Rules of Order* can define the control of the meeting that is being disrupted. If a member launches a tirade – yes, it does happen – *Robert's Rules* allows the chair or a member to "call the member to order." If after that the member persists, the chair may say, "The member will come to order and be seated." – a nice

your removal?" Oh, and if there are suddenly crocodile tears, you knew it all along!

Some will gasp at the thought of expelling a member but how many members will you lose if he continues? *Robert's Rules* also allows that a club can hold a hearing or trial. Yes, it sounds uncomfortable, but the club officers must decide if they can minimize the damage in their midst or must address it as a group. Some clubs are strong enough to "handle" such a member but may decide to assist a subgroup in starting a new club. There is always room for more than one Pilot Club in a community... often, because the two differ in ideology, and perhaps focus.

The bottom line... Pilot Clubs have so much to give to a community, and to allow one or two misfits to ruin the club or its image in your community is truly unfair. Can you allow it to happen – in good conscience or not – to your club?

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*Excerpts from The Sociopath Next Door by Martha Stout, Ph.D.  
Robert's Rules for Dummies by C. Alan Jennings  
Also recommend, In Sheep's Clothing by George K. Simon, Ph.D.*

# 2007-2008 Pilot International, Inc.

## Statement of Financial Position as of June 30, 2008

### ASSETS

#### Current assets

Cash and cash equivalents	\$212,822
Investments	52,850
Accounts receivable, less allowance for doubtful accounts of \$6,163	37,776
Related party receivable	868,488
Inventory	54,587
<b>Prepaid expenses</b>	<b>103,530</b>

**Total current assets** **\$1,330,053**

#### Land, building, and equipment

Land	0
Buildings and improvements	0
Furniture, art, and equipment	\$137,426
Less: accumulated depreciation	(137,426)

**Total land, building and equipment** **\$0**

**Total assets** **\$1,330,053**

### LIABILITIES AND NET ASSETS

#### Current liabilities

Accounts payable	\$28,547
Accrued expenses	74,995
<b>Deferred income</b>	<b>347,284</b>

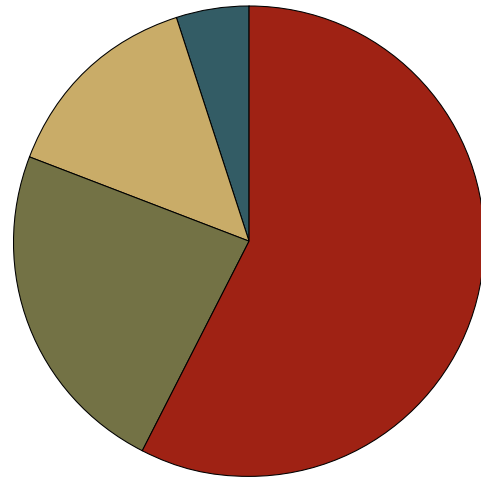
**Total current liabilities** **\$450,826**

#### Net assets

**Unrestricted** **879,227**

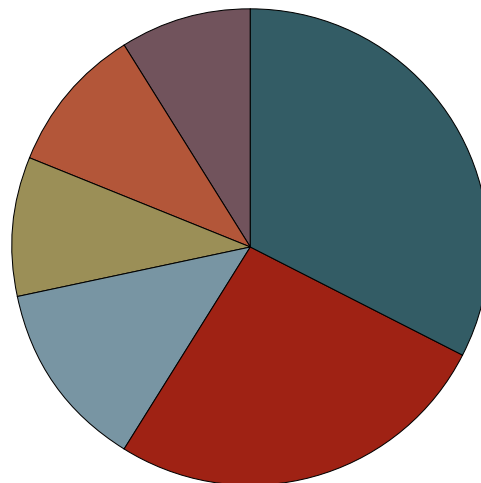
**Total net assets** **\$879,227**

**Total liabilities and net assets** **\$1,330,053**



**Revenues**  
**\$1,185,713**

- Membership Dues & Fees – 58% – \$682,941
- Convention – 23% – \$277,513
- Catalog Sales – 14% – \$168,096
- Investments/Other – 5% – \$57,163



**Expenses**  
**\$1,237,534**

- Pilot Clubs – 33% – \$402,250
- Convention – 26% – \$327,459
- Catalog Sales – 13% – \$160,479
- Administrative – 9% – \$116,954
- Board & Executive Committee – 10% – \$121,373
- Anchor Clubs – 9% – \$109,019